

NEW SATURDAY MORNING (11:15) BEGINNER YOGA CLASS!

STARTS JULY 24 FOR A FIVE WEEK SERIES!

WHO IS TEACHING? Joyce Savitz, the only certified Anusara Teacher in North Florida will be teaching this series! This series will take you from the foundation up in your yoga poses leaving you feeling more grounded and more free in your body, mind, and spirit!

WHERE? JacksonvilleYoga.com
391 Third Ave South, Jacksonville Beach
Behind Taco Bell

COST? The cost of the entire series is \$60

(After July 20 cost goes to \$75)

WHY? So you can feel good!
Your life will be more enhanced!
Learn to get out of pain!

The list goes on and on!

Sign up today to reserve your spot:

Name: _____

Email: _____

Please mail your check to:

Joyce Savitz, 391 Third Ave.S., Jax Bch, FL 32250

no refunds after series has started.